Waitsfield Elementary May School Menu Student \$3.25 Reduced Child FREE Adult \$4.25

Wednesday

3

Caesar Salad Wrap

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Thursday

4

<u>Spaghetti</u>

Friday

5

Baked Potato Bar

Grill Cheese Tomato Soup	1 - Marinated Chicken Breast, Lettuce, Tomato 2 - Cream Cheese, Tomato and Basil Kale Chips	1- with Chicken, Croutons and Parmesan or 2-with Croutons and Parmesan	1- with Tomato sauce 2- or with Tomato sauce and Meatballs Caesar Salad	Bacon Ham Cheese Broccoli Cheese Sauce
8 <u>Meatless Monday</u> Pot stickers with Stir Fry Vegetables, Ginger, Soy Sauce Sesame Noodles	9 <u>Taco Bar</u> 1-with Beef 2- with Bean Add Lettuce, tomato, black bean salsa or sour cream	10 <u>Chef Salad Bar</u> Ham Turkey Cheese Boiled Eggs A variety of Fresh Vegetables	11 <u>Subs</u> 1- Meatball 2- Cheese and Vegetable Spiral Fries	12 Pizza 1- with Cheese and Pepperoni 2-with Cheese 3- Pesto and Cheese
15 <u>Meatless Monday</u> <u>Pierogies</u> 1- with Sour Cream 2- with Marinara 3- with Sauteed Onions	16 <u>Fried Rice</u> 1- with Chicken 2- with Vegetables Sauteed Broccoli	17 Corn Chowder 1- with Bacon, Potatoes and Corn 2- or with Corn and Potatoes	18 <u>Stromboli</u> 1- with Cheese 2- Cheese, Ham and Pepperoni	19 Sandwiches 1- Bacon, Lettuce and Tomato 2-Cheese and Vegetables Potato Chips
22 <u>Meatless Monday</u> 1-Macaroni and Cheese 2- or Macaroni and Trees (Broccoli)	23 <u>Smorgasboard</u> A variety of hot and cold choices	24 <u>Wraps</u> 1- with Steak and Cheese 2- or with Veggie and Cheese	25 <u>Pizza</u> 1- with Cheese 2- with Pepperoni and Cheese	26 <u>Soups</u> 1- Chicken Tortilla Soup 2- Broccoli Cheddar
29 No School memorial DAY	30 <u>Quesadillas</u> 1- Chicken & Cheddar 2-or Veggies & Cheddar Add Sour Cream or Salsa	31 All School lunch Order a bag lunch from the school or bring a lunch from home.	It's May!	REMINDER All accounts must be PAID IN FULL by June 9!!
	Grab & Go Break	ast \$1.75 Child \$1.75 Adult Fr	ree Reduced child	
Trail Mix Apple Juice/Milk	Butternut Bread Yogurt Juice/Milk	Kix Juice/Milk	Sausage, Egg and Cheese Muffin Yogurt Juice/Milk	Yogurt parfait Yogurt Juice/Milk

When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

News from the biggest classroom in the school:

Local Foods include Green Mountain Harvest Lettuce and Basil and Neill Farm Burger.

Monday

1

Meatless Monday

Tuesday

Sandwiches

2

We have a new item on our breakfast menu - Butternut bread - made just like pumpkin bread but with butternut squash.